

RECREATION, PARKS & OPEN SPACE



# PARK & RECREATION MONTH

**JULY  
2014**

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6 Big Bands on the Bay	7	8 Beach Boot Camp	9 Fountain Field Day	10 Outdoor Movie Night	11 Summer BrewFest	12 Norfolk Namesakes Tour
13 Big Bands on the Bay	14	15	16 2-mile Group Beach Walk	17 E. Ocean View Group Paddle	18 Norfolk Jazz Festival	19 Party @ the Pad
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Get Out & Play!

**Fountain Field Days:** Every Wednesday from 11:00am-3:00pm at Towne Bank Fountain Park. Bring the whole family for fun in the sun. Our friends at Norfolk Festevents will provide games and activities. Visit [Festevents.org](http://Festevents.org) for details!

**Great American Picnic & Fireworks:** July 4th from 5:00-10:00pm at Town Point Park. Skip the grilling and head to the park for all-American Fare, patriotic sounds and fireworks! Open to all ages. Details at [Festevents.org](http://Festevents.org).

**Big Bands on the Bay:** Every Sunday from 7:00-9:00pm at Ocean View Beach Park. End your week with smooth sounds and beautiful sunsets. Dancing encouraged! Check out [Festevents.org](http://Festevents.org) for the band listing.

**Beach Boot Camp:** July 8th from 7:00-8:00pm at Community Beach. Join NFWC trainer Brandon for a sunset workout. Run, jump & push your way to a better body. Ages 18 & up. Call 757-823-4301 for details.

**Flicks in the Park Outdoor Movie Night Series:** July 10th & 24th. Bring your blankets, lawn chairs, and picnic baskets for movies under the stars. All ages welcome. View the movie listing at [Norfolk.gov/Play](http://Norfolk.gov/Play).

**Summer Brew Fest:** July 11th from 5:00-9:00pm at Town Bank Fountain Park. Loosen your tie, kick off your heels, grab your friends, and sample a wide variety of summer beers. Details at [Festevents.org](http://Festevents.org).

**Norfolk Namesakes Tour:** July 12th from 10:00-11:30am at Elmwood Cemetery. Learn about the families who helped shape Norfolk while enjoying the park-like grounds of this historic outdoor museum. Details at [NorfolkSocietyforCemeteryConservation.org](http://NorfolkSocietyforCemeteryConservation.org).

**Beach Walk with the Norfolk Lifeguards:** July 16th at 5:00pm at Community Beach. Join Norfolk's lifeguards for a 2-mile beach walk. Shoes optional. Don't forget your water bottle!

**Group Paddle:** July 17th from 4:00-7:00pm at the East Ocean View Community Center. Grab your kayak and join us. Don't have one, use ours! Pre-registration required. Visit [Norfolk.gov/Play](http://Norfolk.gov/Play) for information.

**Norfolk Jazz Festival:** July 18th-20th at Town Point Park. Chill out to the sounds of smooth jazz with the serene backdrop of the Elizabeth River. Tickets required. Visit [Festevents.org](http://Festevents.org) for event schedule and ticket options.

**Party @ the Pad:** July 19th from 12:00-2:00pm at the Norview Community Center. Splash around in one Norfolk's two splash pads. Not a fan of the water? We'll also have music and games on dry land. Bring the family!

**Twilight Tour:** July 25th from 7:00-8:30pm at Elmwood Cemetery. Take in the Victorian mourning traditions and memorial art during this sunset tour. Get details at [NorfolkSocietyforCemeteryConservation.org](http://NorfolkSocietyforCemeteryConservation.org).

**Pool Safety Day:** July 27th from 1:00-4:00pm at the Berkley Outdoor Pool. We all live near the water, let's learn to be safe. Join us to learn basic water safety, proper lifejacket use, and basic swimming skills. Ages five and up welcome!

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NORFOLK  
*Life. Celebrated Daily.*

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